



BREAKFAST

Full Breakfast £7.00

2 bacon, 2 sausage, egg, beans, mushrooms, tomato and toast

Mini Breakfast £5.50

Bacon, sausage, egg, mushrooms, tomato and toast

Additional items 50p

Enquire for vegetarian and gluten free options.

Breakfast Barms add 50p for a baton

Bacon £3.60

Sausage £3.60

Egg (2) £3.00

Bacon & Sausage £4.00

Bacon & Egg £4.00

Sausage & Egg £4.00

Egg on toast £4.00

Poached, Scrambled or Fried

Beans on toast £3.00

Cheese on toast £3.30

Toasted Teacake £1.00

Toast (2) £1.00

Fruit jam 50p

Sausage Rolls *All handmade*

Ask for today's special flavour £2.80

Opening Hours:

Mon-Fri | doors open 9:30am

Want to pre-order for collection?

Send us a text with your name, order and pick-up time: **07887 320419**

LUNCH

Sandwiches

served with side salad and homemade coleslaw

Egg Mayo £4.00

Cheese £4.00

Savoury Cheese £4.00

Ham £4.50

Chicken £4.50

Tuna £4.50

Chicken & Bacon Mayo £4.50

BLT Bacon Lettuce & Tomato £4.50

Club sandwich - 3 slices of toast, £4.80

chicken, bacon, lettuce, tomato, mayo

Toasties

served with side salad and homemade coleslaw

choose up to 3 fillings:

Cheese, Tomato, Ham, Tuna, Chicken £4.80

Salad Bowls £5.00

Please ask for today's salad bar selection

Jacket Potatoes

Coleslaw £4.00

Beans £4.00

Cheese £4.00

Cheese & Beans £4.50

Tuna £4.50

Tuna & Cheese £4.80

Soup of the day £3.00

served with a slice of buttered bread

Add a cup of soup to your order £1.50

Our cafe is proudly staffed by adults with learning disabilities and autism. They work hard to provide you with friendly service and delicious food. We kindly ask for your patience, understanding and support as they continue to build their confidence and skills. **Thank you for being part of our inclusive community.**

brought to you by local charity

onefylde.

Supporting people to live their best lives

Be sure to tag us in your posts about your visit to #HeartOfTheHub



cafe@onefylde.org
www.onefylde.co.uk

Registered Charity No: 1045039

HOME BAKING

We offer a wide selection of home baking daily, see counter for today's homemade cakes from £1.50.

HOT DRINKS

Coffee	£1.20
Tea	£1.00
Herbal Tea	£1.50
<i>Fruit, Earl Grey, Peppermint</i>	
Hot Chocolate	£1.10
Deluxe Hot chocolate	£2.60
<i>with cream & marshmallows</i>	

SPECIALITY COFFEE

Espresso	£2.50
Americano	£2.90
Cappuccino	£3.00
Latte	£3.00
Flat White	£3.10
Syrups	60p

COLD DRINKS

Milkshake	£2.10
<i>Choc/Vanilla/Strawberry/Caramel</i>	
'Level it up' Shake	£3.50
<i>choose a flavour, chocolate bar, add cream, sprinkles & syrup.</i>	
Cans of pop	£1.20
Bottled Water	£1.10
Fruit Juice cartons	£1.00
Glass of Cordial	50p

KIDS MEAL DEAL

Plain sausage roll, juice & crisps or fruit	£2.50
Ham or cheese sandwich, juice & crisps or muffin	£4.00

Welcome to onefylde.

Supporting people to live their best lives.

At One Fylde we provide person-centred support, accommodation and exciting activities for adults and young people with learning disabilities and autism in Blackpool, Wyre and Fylde.

Our charity places itself at the heart of the community, changing lives. We endeavour to do good wherever we can, and we empower our supported individuals to make meaningful contributions and gain life experiences.

As well as many learning programmes and workplace opportunities, One Fylde also run a few social enterprises. An expansion of these is the introduction of this vibrant community café, run by the adults with learning disabilities and autism whom we support. More than just a place to enjoy a drink or a bite to eat, the café is a welcoming hub at the heart of the community.

At the 'Heart of the Hub' people can connect, find advice and build lasting friendships. It's a place where everyone is valued, supported and given the chance to thrive.

