



## BREAKFAST

### Full Breakfast £6.50

2 bacon, 2 sausage, egg, beans, mushrooms, tomato and toast

### Mini Breakfast £5.00

Bacon, sausage, egg, mushrooms, tomato and toast

Additional items 50p

*Enquire for vegetarian and gluten free options.*

### Breakfast Barms add 50p for a baton

Bacon £3.00

Sausage £3.00

Egg (2) £2.50

Bacon & Sausage £3.50

Bacon & Egg £3.20

Sausage & Egg £3.50

### Egg on toast £3.50

Poached, Scrambled or Fried

### Beans on toast £2.50

### Toasted Teacake £1.00

with jam £1.50

Opening Hours:

**Mon-Fri | 9:30am-2:30pm**



@OneFylde



@onefylde

[cafe@onefylde.org](mailto:cafe@onefylde.org)

[www.onefylde.co.uk](http://www.onefylde.co.uk)

Registered Charity No: 1045039

## LUNCH

### Sandwiches

*served with side salad and homemade coleslaw*

Egg Mayo £3.50

Cheese £3.50

Savoury Cheese £3.50

Ham £3.80

Corned Beef £3.80

Chicken £3.80

Tuna £3.80

Chicken & Bacon Mayo £3.80

BLT Bacon Lettuce & Tomato £3.80

Club sandwich - 3 slices of toast, £4.20

*chicken, bacon, lettuce, tomato, mayo*

### Salad Bowls £4.50

Please ask for today's salad bar selection

### Jacket Potatoes

Coleslaw £3.00

Beans £3.00

Cheese £3.00

Cheese & Beans £3.50

Tuna £3.50

Tuna & Cheese £4.00

### Sausage Rolls *All handmade*

Plain £1.50

Ask for today's special flavour £2.00

Our cafe is proudly staffed by adults with learning disabilities and autism. They work hard to provide you with friendly service and delicious food. We kindly ask for your patience, understanding and support as they continue to build their confidence and skills. Thank you for being part of our inclusive community.

brought to you by local charity

**onefylde.**

Supporting people to live their best lives

## HOME BAKING

We offer a wide selection of home baking daily, see counter for today's homemade cakes from £1.50

## HOT DRINKS

Coffee	£1.00
Tea	£1.00
Herbal Tea	£1.50
<i>Fruit, Earl Grey, Peppermint</i>	
Hot Chocolate	£1.50
Deluxe Hot chocolate <i>with cream &amp; marshmallows</i>	£2.00

## SPECIALITY COFFEE

Espresso	£2.50
Americano	£2.80
Cappuccino	£3.00
Latte	£3.00
Flat White	£3.00
Syrups	50p

## COLD DRINKS

Cans of pop	£1.20
Bottled Water	£1.00
Glass of Cordial	50p



# Welcome to **onefylde.**

## Supporting people to live their best lives.

At One Fylde we provide person-centred support, accommodation and exciting activities for adults and young people with learning disabilities and autism in Blackpool, Wyre and Fylde.

Our charity places itself at the heart of the community, changing lives. We endeavour to do good wherever we can, and we empower our supported individuals to make meaningful contributions and gain life experiences.

As well as many learning programmes and workplace opportunities, One Fylde also run a few social enterprises. An expansion of these is the introduction of this vibrant community café, run by the adults with learning disabilities and autism whom we support. More than just a place to enjoy a drink or a bite to eat, the café is a welcoming hub at the heart of the community.

At the 'Heart of the Hub' people can connect, find advice and build lasting friendships. It's a place where everyone is valued, supported and given the chance to thrive.

